

Equip your people to flourish at work and support one another in times of transformation and flux.

This generative program is designed so each stage can stand on its own or work together as a whole.

Better Ways of Working

While there are many themes du jour, we believe that these three are essential. We work with you to make each of these workshops relevant to your organisational culture and climate.

Fluid Ways of Working

When, where, and how we work continues to change. Better understand your own rhythms for doing your best work while still syncing to the team and the objectives of the organisation.

Communication Styles

Collaboration is fuelled by regular and healthy communication. Learn to influence, give and receive feedback, and communicate in your own unique style for maximum impact.

Building Resiliency

Like muscles, resiliency can be built. Develop your inner resources to deal with high-stress situations, learn to cultivate lasting support systems, and gain tools to navigate change with more ease.

Three 60 minute workshops for groups of 6 to 24

Courageous Leadership

Leaders must learn to be more the shaper, the connector, and the questioner. They must also understand when to intervene, insist, and control. This is a train the trainer program because leadership is not taught, leadership is lived.

New Modes of Leading

Balancing autonomy and control is a tricky act to get right. Understand the new modes of leadership, learn to own your contribution and develop your relational skills to grow others. Coaching takes place in groups of 5-7 to unlock collective power, sharpen intuition, and amplify emergent leaders.

90 minute sessions for groups of 3 to 12

Peer-Coaching: Pods

We employ the power of pods (groups of 3) to create sacred spaces are for sharing, co-regulating, and levelling up.

It is with the ability to truly speak your mind via informal networks where growth happens. Over a series of interactive sessions, we train you to facilitate ongoing and effective ways to learn through peers.

90 minute sessions for groups of 3 to 12

This experience is fuelled with our Triad mobile app.

Workshops and sessions are delivered online

Better Ways of Working

£150 per person per workshop

Courageous Leadership

£250 per person per sessions

Peer Coaching

£400 per 3 person pod per session